

UC DAVIS
HEALTH

CHILDREN'S
HOSPITAL



Welcome
to Pediatrics



Welcome to Davis 7 and Tower 6 Pediatrics

We are committed to providing an environment that supports our philosophy of caring and healing for both our patients and their families. We look forward to working with you to make this hospital experience as pleasant as possible. This booklet will answer some of your questions and help you understand what to expect during your child's hospitalization.

Important information

We believe it is very important for you to participate in your child's care. No one knows your child better than you and we want to learn what works best for your child. Your questions are important too. Since being in the hospital is stressful, it may be helpful to write down questions or concerns that you have for your child's health care providers.

Primary nurse: _____

Pediatric team: _____

Room number: _____

Your child's care team

- The attending M.D. is the leader of your health care team. They're responsible for the medical care your child receives while they are in the hospital.
- The senior residents are licensed doctors receiving training in pediatrics.
- Residents and interns are licensed doctors receiving training.
- Medical students are studying how to become a doctor. They work under both the residents and the attending doctors.



The state-of-the-art pediatric unit at UC Davis Children's Hospital offers care for the most ill and injured children. Here, pediatric physicians partner with medical and surgical specialists, specially trained nurses and respiratory therapists to provide care for children and adolescents. The unit has a 4-to-1 nurse-to-patient ratio, and physicians are on-site 24 hours a day, seven days a week.



Members of the care team

You are one of the most important members of the care team! The hospital practices family-centered care because we believe the best care occurs when the patient's families and health care providers work together. That means you, the parent or guardian, are a vital member of the team.

Physicians

Each patient is assigned a physician ultimately responsible for their care, known as the patient's attending physician. The attending physician also provides oversight and guidance to fellows, residents and medical students, who may assist the attending physicians in caring for your child. Your child also may be cared for by more than one team of physicians (for example, if your child was in an accident, the trauma surgeon, as well as the pediatric physician, may care for your child).

Nurses

Children at UC Davis Children's Hospital receive family-centered care by a team of nurses. A primary nurse will develop a therapeutic relationship with your child by providing care whenever they are on duty. In the absence of the primary nurse, there will be assigned associate nurses to maintain the continuity of care for each patient. Nurses in pediatrics have specialized training to support critically ill and injured children.



The nation's highest
recognition for
nursing excellence.

Respiratory therapists

Respiratory therapists provide specialized care and support for children with conditions that may cause difficulty breathing (such as asthma, cardiopulmonary disease and certain neurological disorders) or those at risk of respiratory infection.

Child Life and Creative Arts Therapy Program

Child life specialists, music and art therapists, school teacher and volunteers provide bedside play and procedural support, age-appropriate coping strategies, and accompaniment during medical interventions to help children minimize the anxiety of hospitalization and continue their typical growth and development.

Social workers

Pediatric social services representatives are available to assist your child or your family in coping with hospitalization, providing referrals to community resources and special programs designed to meet your child's needs. Please contact your social worker or child's nurse if you require support.

Pharmacists

Pharmacists in our dedicated pediatric pharmacy ensure that medications prescribed and dispensed to all pediatric patients are safe, effective, and in a form that is friendly for children (such as flavored liquids instead of tablets).

Registered dietitians

A registered dietitian will follow your child's nutrition needs closely and develop a personalized nutrition plan for your child to support their recovery.



Unit clerks

They are located at the front desk and are available to assist you if you have any questions or concerns.

Chaplains

Spiritual support may be an important part of your child's recovery and provide comfort to you and your family. Our pastoral services are available as needed and offer culturally and spiritually appropriate care to all patients, staff and visitors, 24 hours a day, with dignity and respect.

UC Davis Children's Hospital's physicians and nurses are nationally recognized for their expertise in pediatrics.



Primary nursing

UC Davis Children's Hospital proudly implements primary nursing to provide continuity of care for our pediatric patients. As part of primary nursing care:

- One registered nurse will be assigned to each patient and remains that patient's primary nurse for the entire hospitalization as well as any subsequent hospitalizations.
- Your primary nurse will discuss your personal preferences which can be incorporated into specific aspects of your child's care. What is important to you is important to us.
- Your primary nurse manages your child's care by actively communicating with physicians and team members, addressing your concerns and requests.



Unit information

We offer coffee for parents, a refrigerator and microwave are available for families. Food from home must be labeled and can be stored for up to 48 hours. Children must be supervised by an adult at all times while in the waiting room. Sleeping in the waiting room is not permitted.

Security

For the security of our patients, pediatric units are locked.

To enter, press the intercom on the wall outside the main entrance and a staff member will assist you. All UC Davis Children's Hospital employees are required to wear photo and name identification badges.

Your child must wear a hospital identification band at all times.

If the band falls off, please alert the nurse for a replacement.

The Davis 7 unit also employs a state-of-the-art pediatric security system for our infants and children.

Only parents or legal guardians will receive information from medical staff concerning their infant or child.

Bedside accommodations

Each room includes a sleep chair that can accommodate one adult. Families from out of the Sacramento area may be eligible for accommodations at the Kiwanis Family House or Ronald McDonald House, both of which are located on the health system campus. Please ask your nurse or social worker for information.

Telephones

Each patient room is equipped with a direct-dial telephone.

Because cellular devices may interfere with medical equipment, and therefore may affect patient care, cell phone and smart phone users must stay a minimum of three feet away from all medical devices and patients connected to them.

Infection prevention

We must be cautious to prevent the spread of infection. The best way to prevent this is by washing your hands with soap and water or by using sanitizer or foam in your child's room. If your child is in isolation, all visitors must follow prescribed isolation precautions. Your nurse can review this with you.



What to bring to the hospital

Your child may bring stuffed animals, photographs and music to the hospital, as long as these personal items don't clutter their room and limit access to your child for patient care. We provide pajamas for each patient, but you are more than welcome to wear your clothing from home.

What not to bring to the hospital

The hospital maintains strict compliance to national fire codes. Electrical appliances such as curling irons, hair dryers, etc. can not be used in the hospital. Latex and rubber balloons are not allowed as they can cause life-threatening allergic reactions and are a choking hazard, though Mylar balloons are allowed. Please do not bring valuable or irreplaceable items.

Playroom and teen room

The playroom is open from 9 a.m. to 8 p.m. daily. Volunteers oversee the playroom under the supervision of child life specialists. The playroom is considered a procedure-free area. The room offers toys, games, books, movies and activities, and one-on-one opportunities for creative expression and diversion. If your child is on isolation or on bed rest a child life specialist can come to your child's bedside. Both units have designated spaces for teens. Ask your teen's nurse for details.



Cafeteria

The cafeteria is located on the first floor near the main lobby. Breakfast is served between 6 a.m. and 10:30 a.m.; lunch between 10:30 a.m. and 2:30 p.m.; dinner between 4 p.m. and 8 p.m.; night hours between 11 p.m. and midnight and between 1 a.m. and 4 a.m. Please do not bring food or drink to your child's room if they cannot eat or drink. The hospital provides food for patients only.

Parking

The parking structure entrance is located on X Street near the main entrance to the hospital. Discounted five-day or one-month parking passes may be purchased from the parking attendant. We do not validate parking.

Mail

Your child will enjoy receiving mail from family and friends.



Mail may be addressed to:

Child's Name, c/o UC Davis Children's Hospital,
[Davis 7 or Tower 6] Pediatrics, 2315 Stockton Blvd.,
Sacramento, CA 95817.

UC Davis' Child Life and Creative Arts Therapy Department helps to minimize the anxiety of hospitalization, increase understanding and strengthen coping skills while helping children to continue their typical growth and development.



Visitation guidelines

We strive to ensure the health, safety and privacy of our patients and recognize that family involvement during hospitalization is important to their well-being and healing.

Visiting hours

Children are more comfortable and cope better when their parents stay with them. For this reason, we have open visiting times for parents. Parents may visit their child 24 hours a day.

General hospital visiting hours are 9 a.m.–9 p.m.

We ask that you share this information with others, so they can plan their visits during that time.

Quiet time is from 1:30–2:30 p.m.

We will be encouraging patients and parents to rest. Please ask visitors not to come during that hour.

While we support unrestricted visitation, there may be times when we limit the number of bedside visitors for the child's welfare. Siblings or children who visit must be supervised by a responsible adult at all times, both in patient rooms and the family waiting room. If your family members or friends have a cough, cold, fever or rash, please ask them not to visit until they are better.

Please clean up after yourselves, we know that everything goes better when we give each other a helping hand — whether we're talking about tidying up a room after eating or sleeping overnight, or cleaning up in the family room or the playground.

Overnight program

To support parents who are able and wish to spend the night at their child's bedside, we have provided a sleep chair next to each bed/crib on our units. We are able to accommodate one parent to sleep at the bedside. Please let your nurse know what your plans are for the evening. We will gladly provide you with linens for your comfort.





Children's Hospital

2315 Stockton Blvd., Sacramento, CA 95817

Transfer center: 916-734-8200

800-UCD-4KIDS (800-823-4543)

Referral center: 800-4-UCDAVIS (800-482-3284)

children.ucdavis.edu