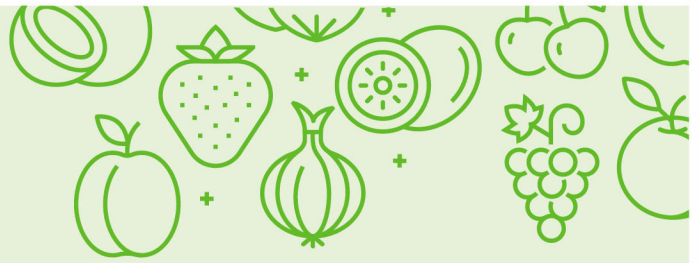


Rotisserie Breakfast



Breakfast items made with cage free, whole shelled eggs

Breakfast Specials

Pancake Special

\$5.20

Includes two pancakes, two scrambled eggs, choice of two bacon or two sausage links or one vegetarian sausage

A la carte

Jasmine Rice



\$1.95

Pancake



\$1.45

Scrambled Eggs



\$1.70

Hard Boiled Egg



\$0.85

Bacon

\$0.95

Pork Sausage Link

\$0.95

Veggie Sausage Patty



\$1.25

Hot Cereal

Oatmeal



\$1.65

Cream of Wheat



\$1.65

Breakfast Sandwiches

Breakfast Quesadilla



\$3.45

Sausage, Egg, & Cheese Sandwich

\$3.00

Egg and Cheese Sandwich



\$2.75

= Heart healthy

= High fiber

= Low sodium

= UC Davis Nourish

= Gluten free

= Vegan

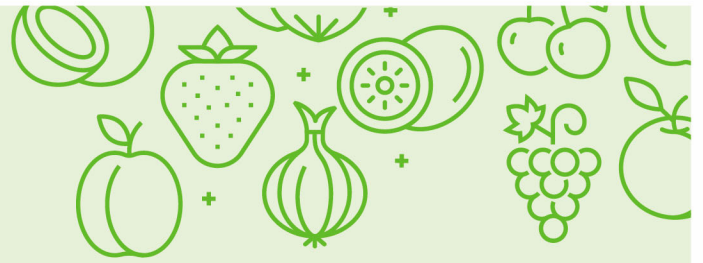
= Vegetarian

UC DAVIS
HEALTH

Food and
Nutrition Services



Grill Breakfast



Breakfast bowls

Biscuits and Gravy Bowl

\$5.00

Includes biscuits, scrambled eggs, shredded cheese, pork sausage gravy, and your choice of bacon, pork sausage, or vegetarian sausage.

Breakfast Bowl

\$5.80

Includes breakfast potatoes, scrambled eggs, shredded cheese, pork sausage gravy, and your choice of bacon, pork sausage, or veggie sausage

Omelets

Each omelet includes your choice of cheddar or pepper jack cheese.

You may also choose 1 topping: Pico de gallo, rouille, or black bean vinaigrette

Cheese Omelet



\$4.15

Veggie Omelet



\$5.35

Includes cheese, mushrooms, onions, and bell peppers; or cheese and vegetarian sausage.

Meat Omelet

\$5.55

Includes cheese as well as bacon or pork sausage.

“Everything” Omelet

\$5.70

Includes cheese, your choice of bacon, pork, or veggie sausage, and mushrooms, onions, and bell peppers.



Omelets made with cage free, whole shelled eggs

Omelet add-ons

Double meat + **\$1.50**

Double veg trio + **\$1.25**

Extra cheese + **\$0.75**

Extra topping + **\$0.50**

= Heart healthy

= High fiber

= Low sodium

= UC Davis Nourish

= Gluten free

= Vegan

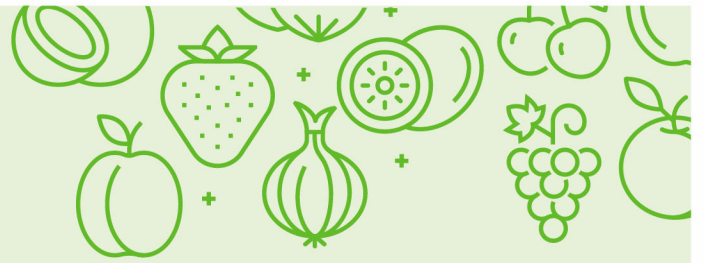
= Vegetarian

UC DAVIS
HEALTH

Food and
Nutrition Services



Rotisserie



Entrée

Chicken Tikka Masala



A la carte

Combo

\$5.75

\$8.50

Boneless chicken thigh marinated with cumin, ginger, garlic, lime, and yogurt. Served with a creamy coconut curry over rice.

Sweet Potato Curry



\$4.75

\$8.50

Roasted sweet potatoes served with a creamy curry comprised of crushed red peppers, ginger, cilantro, tomato, yogurt, and bell peppers. Served over rice.

Combo plates come with rice, dahl, naan and your choice of raita or tzatziki

Complements

Basmati Rice



\$1.95

Spinach Dahl



\$3.60

Green lentils with spinach, onions, coconut milk, curry powder, cumin, and turmeric

Grilled Naan



\$2.00

= Heart healthy

= High fiber

= Low sodium

= UC Davis Nourish

= Gluten free

= Vegan

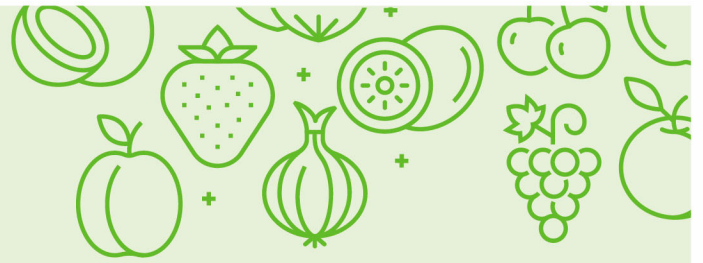
= Vegetarian

UC DAVIS
HEALTH

Food and
Nutrition Services



Grill



Sandwiches

Organic Beef Hot Dog **\$4.35**

Grilled Cheese **\$3.85**

Grilled Ham and Cheese **\$5.00**

Turkey Burger with Avocado Mousse and Pepper Jack **\$5.50**

Organic Hamburger on Freshly Baked Bun **\$4.65**

Organic Cheeseburger on Freshly Baked Bun **\$5.10**

Charbroiled Chicken Sandwich **\$5.40**

Garlic Quinoa Burger on Freshly Baked Wheat Bun **\$5.10**

French Fries **\$2.80**

Your choice of regular cut, curly, or sweet potato

Proudly featuring
Organic Grass Fed
Panorama Beef



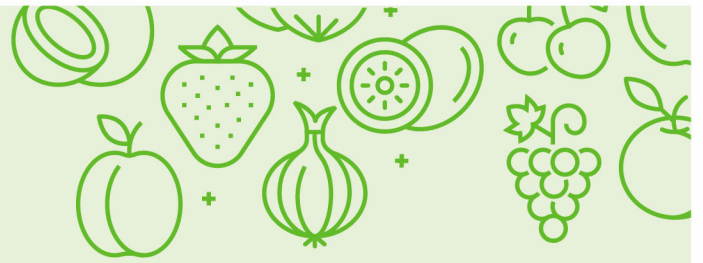
- = Heart healthy
- = High fiber
- = Low sodium
- = UC Davis Nourish
- = Gluten free
- = Vegan
- = Vegetarian





Food and
Nutrition Services



Wok







Entrées

		A la carte	Combo
Thai Basil Chicken		\$5.25	\$8.50
Chicken with bell peppers, onions, Thai basil, green onion, jalapenos, and garlic wok cooked with oyster sauce, fish sauce, tamari, and brown sugar			
Japanese Vegetable Curry		\$5.25	\$8.50
Fresh carrots, celery, onion, cabbage, mushroom, potatoes, red bell pepper, and carrots simmered in a flavorful curry sauce			

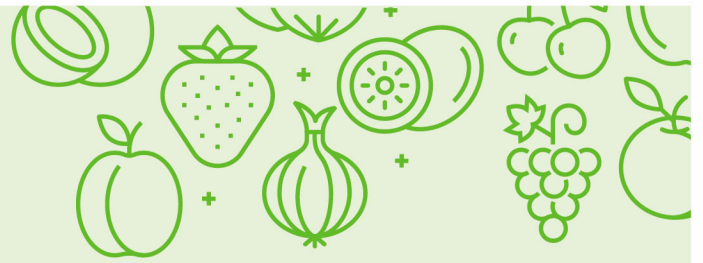
Combos include rice and stir fried vegetables (no substitution)

Sides

Jasmine Rice	 	\$1.95
Locally sourced rice from Rue & Forsman		
Stir Fried Vegetables	 	\$3.35
Stir fried bok choy, carrots, bell pepper, onion, mushroom, broccoli, and garlic		

-  = Heart healthy
-  = High fiber
-  = Low sodium
-  = UC Davis Nourish
-  = Gluten free
-  = Vegan
-  = Vegetarian

Daily Soups



12oz Bowl

Sunday—Beef Chili \$3.30

Beef chili with pinto beans, onion, tomato, cumin, garlic, salt and pepper

Monday—Red Lentil \$3.30

Red lentils simmered with spices, fresh lemon, ginger root, garlic, peppers, and cilantro



Tuesday—Chicken Gumbo \$3.30

Cajun style gumbo with chicken, sausage, celery, green bell peppers, okra, tomatoes, and rice in a seasoned broth

Wednesday—Maple Butternut Squash \$3.30

Rich and creamy butternut squash soup with maple syrup, diced onions, and potatoes



Thursday—Caldo De Pollo \$3.30

Tender chicken with tomatoes, corn, beans, onions and salsa in a flavorful chicken broth



Friday—Clam Chowder \$3.30

Clams, red potatoes, and celery

Saturday—Minestrone \$3.30

Pasta noodles, spinach, cabbage, zucchini, kidney beans, carrots, celery, tomatoes, and spices



Daily Offering—Chili Beans \$3.30



= Heart healthy

= High fiber

= Low sodium

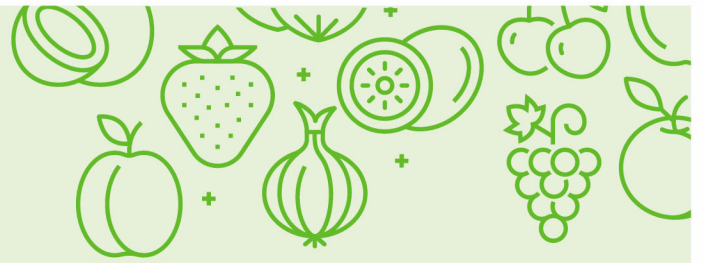
= UC Davis Nourish

= Gluten free













= Vegan

= Vegetarian

Pastries



Featuring local pastries, made fresh daily from Bella Bru

Cookie		\$2.75
Chocolate chip, oatmeal, and gingersnap		
Mini Danish		\$2.25
Apple or cheese		
Mini Scone		\$2.25
Maple or cranberry		
Mini Biscotti		\$2.25
White chocolate or anise raisin		
Muffin		\$2.25
Chocolate, blueberry, and poppy seed		
Bagel		\$2.50
Plan, everything, cranberry, jalapeno, and pizza		
Rice Krispies		\$3.00/\$3.50
Classic or chocolate dipped		
Cinnamon Roll		\$3.50
Cupcakes		\$3.50
Lemon Bar		\$3.95
Cream Cheese Brownie		\$4.25
Specialty Croissant		\$3.50/\$4.25
Classic butter croissant or specialty croissant with chocolate or almond		

-  = Heart healthy
-  = High fiber
-  = Low sodium
-  = UC Davis Nourish
-  = Gluten free
-  = Vegan
-  = Vegetarian